Diver's Name:_____ **Club:**_____

WESTCHESTER COUNTY SWIMMING CONFERENCE

Instructions:

ORDER

1. Print all information and sign at the bottom.
2. Ten & Under must complete three dives from three different groups.
3. 13's and 17's must complete five dives from four different groups.
4. List position letter as part of dive number: A=Straight, B=Pike, C=Tuck and D=Free.

PLACE

Please circle:

GIRL **10 & under** **13 & under** **17 & under** **BOY** **10 & under** **13 & under** **17 & under**

Dive	Dive	Position	DD	#1	#2	#3	#4	#5	#6	#7	Net	Total				
	Forward DIVE ☐ Back ____SS ☐ Reverse ☐ Inward____TW ☐	Tuck ☐ Pike ☐ Straight ☐ Free ☐														
	Forward DIVE ☐ Back ____SS ☐ Reverse ☐ Inward____TW ☐	Tuck ☐ Pike ☐ Straight ☐ Free ☐														
	Forward DIVE ☐ Back ____SS ☐ Reverse ☐ Inward____TW ☐	Tuck ☐ Pike ☐ Straight ☐ Free ☐														
	Forward DIVE ☐ Back ____SS ☐ Reverse ☐ Inward____TW ☐	Tuck ☐ Pike ☐ Straight ☐ Free ☐														
	Forward DIVE ☐ Back ____SS ☐ Reverse ☐ Inward____TW ☐	Tuck ☐ Pike ☐ Straight ☐ Free ☐														

Signatures: **Diver**_____ **Coach** _____