

Diver's Name: \_\_\_\_\_ Club: \_\_\_\_\_

## WESTCHESTER COUNTY SWIMMING CONFERENCE

**Instructions:**

1. Print all information and sign at the bottom.
2. 10 & Under must complete three dives from three different groups.
3. 13's and 17's must complete five dives from four different groups.
4. List position letter as part of dive number: A=Straight, B=Pike, C=Tuck and D=Free



**ORDER**



**PLACE**

Please check:

**GIRL**

**BOY**



10 & under

13 & under

17 & under

10 & under

13 & under

17 & under

Dive #	Dive (check/fill-in)	Position	DD	#1	#2	#3	#4	#5	#6	#7	Net	Total						
	<input type="checkbox"/> Forward <input type="checkbox"/> Back <input type="checkbox"/> Reverse <input type="checkbox"/> Inward	<input type="checkbox"/> Dive _____ SS _____ Twist	Tuck <input type="checkbox"/> Pike <input type="checkbox"/> Straight <input type="checkbox"/> Free <input type="checkbox"/>															
	<input type="checkbox"/> Forward <input type="checkbox"/> Back <input type="checkbox"/> Reverse <input type="checkbox"/> Inward	<input type="checkbox"/> Dive _____ SS _____ Twist	Tuck <input type="checkbox"/> Pike <input type="checkbox"/> Straight <input type="checkbox"/> Free <input type="checkbox"/>															
	<input type="checkbox"/> Forward <input type="checkbox"/> Back <input type="checkbox"/> Reverse <input type="checkbox"/> Inward	<input type="checkbox"/> Dive _____ SS _____ Twist	Tuck <input type="checkbox"/> Pike <input type="checkbox"/> Straight <input type="checkbox"/> Free <input type="checkbox"/>															
	<input type="checkbox"/> Forward <input type="checkbox"/> Back <input type="checkbox"/> Reverse <input type="checkbox"/> Inward	<input type="checkbox"/> Dive _____ SS _____ Twist	Tuck <input type="checkbox"/> Pike <input type="checkbox"/> Straight <input type="checkbox"/> Free <input type="checkbox"/>															
	<input type="checkbox"/> Forward <input type="checkbox"/> Back <input type="checkbox"/> Reverse <input type="checkbox"/> Inward	<input type="checkbox"/> Dive _____ SS _____ Twist	Tuck <input type="checkbox"/> Pike <input type="checkbox"/> Straight <input type="checkbox"/> Free <input type="checkbox"/>															

Signatures: Diver \_\_\_\_\_

Coach \_\_\_\_\_